

Summer 2026 Newsletter



In Loving Memory of Our Dear Colleague and Friend, Gina Davies



It is with great sadness that we share the news of the sudden death of our much-loved colleague and friend, Gina.

Gina had been a valued member of The Old Dairy Health Centre (formerly The Rosendale Surgery) for 17 years, and during that time became a familiar and much-loved presence to generations of our patients and families.

Her warmth, kindness and dedication touched so many people over the years. She was not only a greatly valued colleague but also a dear friend to many of us and her sudden loss has come as a profound shock to the whole Practice Team.

After 17 years of caring for and helping our patients, we know that many of you will have your own fond memories of Gina and will join us in remembering her with great affection.

Our thoughts and deepest sympathies are with her family, friends and all those who knew and loved her at this incredibly difficult time. She will be very sadly and sorely missed by us all.

Rest in Peace, Gina. You will always be remembered with love by everyone at The Old Dairy.

Inside this issue

- In Memory of Gina
- Change in Partnership
- Our new GP, Dr Titus Murphy
- Dr. Leonard's Women's Health Clinics
- NHS App notifications
- HIV Testing

Change in Partners and Dr Leonard's Clinics

Following a significant birthday this summer, Dr Rosemary Leonard decided it was time to practice what she preaches and address her work/life balance. So she has retired from the partnership and handed the senior partner baton to the very capable hands of Dr Shailender Parihar.

She will be continuing to work all day on Tuesdays and covering the other doctors when they are away. She will also be doing a session on Wednesday afternoon where appointments will be dedicated for women's health problems—see next page - and running the flu and covid vaccination clinics.

At the time of writing, Rosemary was whizzing up and down Alps on her mountain bike. Fingers crossed she comes back in one piece!



Rosemary Biking in the Alps

Our New Regular GP, Dr Titus Murphy

We are delighted to welcome Dr. Titus Murphy to the team as a permanent General Practitioner at the Old Dairy Health Centre.

Dr. Murphy brings over a decade of clinical experience across both hospital medicine and general practice. With a background in surgical urology prior to entering general practice, he has been awarded membership to both the Royal College of General Practitioners and the Royal College of Surgeons. His key interests in primary care include men's sexual and reproductive health, trans health, digital health innovation, and medical education.



Outside of the surgery, Dr. Murphy enjoys spending time with his young family and chasing spectacularly modest achievements on Strava. He looks forward to providing continuous, high-quality care to our patients and becoming an active part of the local community.

Women's Health Clinic

From September, we will be trialling a women's health clinic on Wednesday afternoon, run by Dr Rosemary, for issues such as contraception, fertility, period problems, pelvic pain, the menopause and HRT. If you would like to be seen in this clinic either contact us via our website or call reception.

NHS App Notifications

We would like to remind patients that turning ON notifications in the NHS app allows our online consultation system to send replies and messages immediately to your phone rather than texting at a delay depending on your phone provider. Having the NHS app also means that you are notified of *any* reply, whether it be to your e-mail or via text.

Ongoing events, warnings, and other healthcare information is also regularly shared through notifications on the NHS app. You can get notifications when your repeat prescription is sent to your pharmacy, when your test results have been marked off for you to view, or when you have a routine test or upcoming appointment to attend.

HIV Testing

There is an extremely high rate of diagnosed HIV (Human Immunodeficiency Virus) across Lambeth – it is the highest in England. Whilst new HIV diagnosis rates are falling, over one third of London residents first diagnosed with HIV in the UK were diagnosed late, and there are still people living with HIV who are unaware of their status.

We are working with Lambeth public health team to increase the detection of undiagnosed HIV. If we take a blood test for any reason, we will automatically add on a HIV screen to the sample (if there has been no recent screening).

People who don't know that they have HIV and don't access treatment can get very sick.

What if I do not want the screening?

We strongly encourage all our patients to include HIV screening as part of their routine blood testing. If you wish to opt-out of the screening, then please let the clinician know at the time of your blood test being requested.